

## NARRATIVE REPORT FOR AMOR MATERNAL AND NEONATAL HEALTH PROJECT AT KASESE IN MALAWI: REPORTING PERIOD: AUGUST 2011

### Introduction

This report has been compiled by Lifeline Malawi and covers the Maternal and neonatal Health services supported by AMOR Foundation. The report is submitted to AMOR for purpose of information, record and feedback where necessary.

### Achievements

This report highlights among other things, continued delivery of Maternity services at AMOR Maternity unit and other maternal health services including family planning, prenatal (antenatal) care and prevention of mother to child transmission of HIV (PMTCT) delivered through static and mobile outreach clinics run by Lifeline Malawi. Achievements under of each of the services delivered through the project have been summarized in the next sections. In August, 2011 AMOR Maternity unit delivered its 1071<sup>th</sup> Baby.

### Maternity Services

The **AMOR Maternity unit** made 62 admissions and delivered 41 babies in the month of August 2011. The Maternity unit statistics for August have been summarised in Table 1 below.

Table 1: AMOR Maternity Unit statistics for August, 2011.

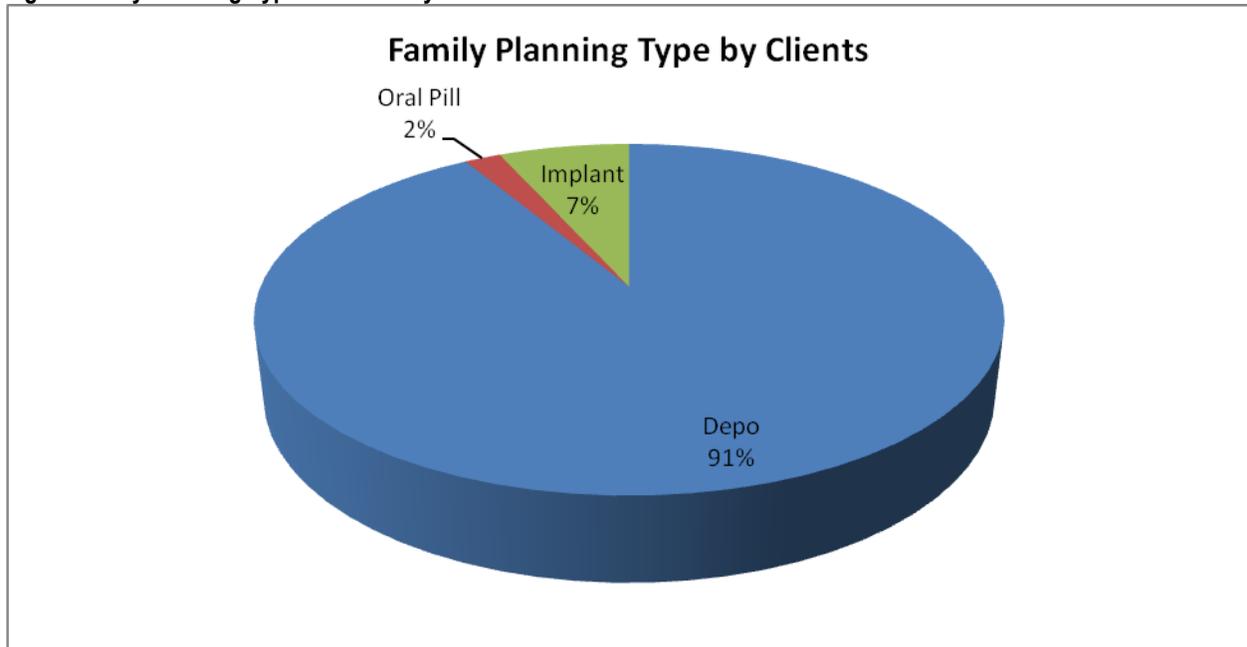
Total Admissions	62	Twin deliveries	0
Total # of babies delivered	41	Breech	0
Premature delivery	2	Neonatal deaths	1
Still births	0	Maternal deaths	0
Incomplete spontaneous abortions	2	Referrals	21
Prolonged labour	0	Haemorrhage	3
Hypertension	0	Delivery in-transit	2
Eclampsia	2	Delivery at home and seen at Maternity unit	0

- 41 babies were born in August, 2011 at Kasese AMOR Maternity unit.
- All deliveries occurred in the labour ward and were conducted by skilled health workers (Nurses/Midwives) There were two deliveries that occurred in-transit and were admitted at the Amor Maternity unit and attended to by skilled health workers.
- There were 2 premature births and all the babies born at the maternity unit were initiated on breast feeding within the first 30 minutes of birth as recommended by Ministry of Health (MoH) Policy).
- 21 cases with various obstetric complications including obstetric haemorrhage (3) and incomplete abortions (2), eclampsia (2), were referred to the next level of care. There was one neonatal death during the month.
- 23 women came for postnatal check-up services.

### Family Planning Services

- A total of **267** clients accessed family planning services in August, 2011. There is a sharp shortage of family planning commodities especially injectibles.
- The Majority (244) of clients chose injectible method (depo-provera), compared to 5 who chose oral pill and 18 who chose implant (jadelle).
- Among the clients who chose depo-provera, 82 were new, 118 were revisits and 9 were restarting.
- The data on family planning methods has been summarized in **figure 1** below.

Fig. 1: Family Planning Type of Clients by method



- The unavailability of Injectible method (depo-provera), caused a drop in the number of women utilising family planning methods as it remains the most sought for method of choice. This was a major cause of the general downward trend of the total number of women accessing family planning methods.

### Prenatal (Antenatal) Care

- A total of 93 pregnant women registered for prenatal (antenatal) care as new clients through Lifeline Malawi AMOR Maternal health initiative in August, 2011.
- Only 14 (15%) of the new pregnant women reported within 0 -12 weeks of their pregnancy. The rest 79 reported after 13 weeks gestation of their pregnancy.
- 11 women were escorted by their spouses to the prenatal clinics
- 43 women received recommended a dose of Sulphadoxine Pyrimethamine (SP) tablets as presumptive Therapy for Malaria.
- 17 women received 0-1 dose of TTV while 44 women received 2+ doses of TTV.

**Prevention of Mother to Child Transmission of HIV (PMTCT)**

- All **62** pregnant mothers admitted at maternity were tested and given test results before delivery and referral. 7 women were HIV positive and the exposed infants were initiated on appropriate regiment of anti-retroviral.
- A total of 93 pregnant women attended antenatal services and all of them were tested for HIV.
- All 7 HIV positive women were initiated on CPT and 4 on ART during the month of August 2011.

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